

Charity Registration No. 1150294

Company Registration No. 08045641 (England and Wales)

DISABILITY SPORTS COACH
ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2019

DISABILITY SPORTS COACH

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	J McIlwraith C M Mounsey-Thear, Chair J Allen K Grey C Randall
Secretary	Mr James McIlwraith
Charity number	1150294
Company number	08045641
Registered office	8 High Street Brentwood Essex CM14 4AB
Independent examiner	M J Bushell Ltd 8 High Street Brentwood Essex CM14 4AB

DISABILITY SPORTS COACH

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DISABILITY SPORTS COACH

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT)

FOR THE YEAR ENDED 31 MARCH 2019

The Trustees present their report and financial statements for the year ended 31 March 2019.

The accounts have been prepared in accordance with the accounting policies set out in note 1 of the accounts and comply with the charity's governing document, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)"

Objectives and activities

The main objectives of Disability Sports Coach are to:

- maximise access and provision of disabled sports across the UK.
- raise awareness of the need for sporting, physical activity and social opportunities for disabled people
- raise awareness of the sporting, physical activity and social possibilities for disabled people to become active

The Trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

Achievements and performance

We have had another successful year for the charity in 2018/19, by increasing our services throughout targeted boroughs that we work in.

Below is a brief summary of achievements across all of the charity's delivery arms over the last 12 months:

- 5,749 disabled people engaged within the charity's opportunities
- 10,294 visits to our sessions across our Community Clubs and Coaching programmes
- Provided 4,952 hours of physical activity and sport for disabled people
- Delivered 49 DSC training courses to over 400 sports coaches, leaders and teachers
- Trained 64 coaches and volunteers to support our activities, 45% being disabled people
- 48 new partnerships formed to increase opportunities for disabled people
- 6 local and regional awards for the charity's work

On behalf of the Board and I, we would like to thank the staff, for their continuous support for the charity's work. We would also like to extend this thank-you to our invaluable volunteers and funders that continually support our cause.

Community Clubs

Disability Sport Coach's award-winning Community Clubs are specialist, weekly sports activities for all disabled people. The purpose of the Community Club network is to ensure disabled people are more active, more often, whilst being integrated in their local community with the opportunity to develop independence and social skills.

Community Clubs aims and objectives are:

1. Improve disabled people's physical, mental and social wellbeing by attending weekly sessions,
2. Provide support to ensure members are able to access other opportunities to be more integrated in their local community
3. Support and train disabled people and their network to become volunteers and coaches, creating a more representative workforce

DISABILITY SPORTS COACH

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2019

Each Community Club is delivered in partnership with the Local Authority and Leisure Provider, and all follow a similar delivery model including:

- Specialist coaches and volunteer support
- Hosted by an accessible, community venue open to members of the public
- Termly sports structure with recommended local and national exit routes
- Festivals and events with a mixture of taster activities and competition, in partnership with National Governing Bodies (NGB's), delivery agencies and local club support
- Expert promotion and focused outreach with relevant partners

Since the project began in 2013 it has engaged 17,256 disabled people, and 2,204 structured sports sessions have been delivered, with 500 members attending weekly. 13 Community Clubs were delivered throughout 2018-19, with Club Lambeth Kids and Club Hounslow becoming part of the network from October 2018 and January 2019. During 2018-19, the project has engaged 4,279 disabled people through outreach taster sessions, sports days and festivals and the 13 Community Clubs have seen a total of 3,654 visits.

The success of the programme has been demonstrated through receiving 6 awards and being shortlisted for 15. During 2018-19, the project's workforce was awarded the London Sport's 2019 'Workforce Award' and the project as a whole received a highly commended recognition for London Sport's 'Club of the Year' Award. Club Westminster and Club Wandsworth were also shortlisted in their respective Local Authority awards.

In addition to the weekly club sessions, the programme provides annual Sports Days and Festivals. Our annual Summer Festival was delivered in July 2018, with a total of 323 disabled people attending. A total of 21 sports were on offer, 19 delivered by NGB's and local clubs and 2 by DSC. Delivery support came from The Golf Trust, Para Dance UK, England Netball, British Gymnastics, Baseball Softball UK, Black Arrows Badminton Club, Middlesex Cricket, Bikeworks, Lawn Tennis Association, Switch Sports, Skateboard England, Special Yoga, Westway Fives, Westway Sports Trust, QPR Community Foundation, England Hockey and Surrey Cricket. 2 Regional ClubGames were also delivered in April 2018 and February 2019 with 187 disabled people attending in total. Baseball Softball UK, Para Dance UK, Bikeworks, Black Arrows Badminton Club, Middlesex Cricket, Goalball UK and Everyone Active supported the delivery of the events.

The Community Club programme also trained and deployed 14 coaches and 59 volunteers in 2018-19, giving more coaches and volunteers the opportunity to develop their understanding of inclusive coaching. The partnership with The Challenge and their employment programme HeadStart continues to aid the recruitment of volunteers, with 15 volunteers recruited.

In addition to the aforementioned organisations, over 350 partners continue to support the programme, with 34 additional partnerships being formed in 2018-19. Working with local Disabled People's Organisation's such as local National Autistic Society and Mencap branches, local disability community groups and SEN schools and departments ensure that the offer of the Community Clubs reaches its target audience. Working alongside a large number of NGB's ensures that further competitions, taster sessions and exit routes into sport specific opportunities are promoted. The Community Club programme is also represented on sport specific steering groups with local authorities and organisations such as Street Games and Special Olympics.

Community Club development plans for 2019-20 will see a change in some areas. To improve the quality and significantly reduce costs further, the delivery model will be adapted. This will entail the introduction of another Club Development Officer who will further support the Club programme. The Club Development Manager and the Club Development Officers will deliver all sessions, withdrawing the majority of freelance coaches. This will improve the overall experience of the members and their supporting network. Plans to extend the project into new areas of London and Surrey will continue as well as minor changes to the times Community Clubs will take place to allow a different type of participant to attend.

DISABILITY SPORTS COACH

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2019

Training Workshops

Disability Sports Coach delivers a range of training workshops to help up-skill teachers, coaches, leaders, volunteers and professionals working with disabled people to help them improve their knowledge of delivering inclusive sports sessions. All courses are available to members of the public as well as privately for individual organisations.

Adapted Sports Course:

An introductory practical course, ideal for coaches, teachers, volunteers and others that work with disabled people who want to be able to support the delivery of inclusive sports sessions. The course gives the delegates the opportunity to learn how to adapt and modify activities through Boccia, Goalball, Table Cricket, Polybat and New Age Kurling.

Disability Awareness in Sports Coaching:

This course provides an introduction to disability awareness in sport, helping delegates feel more confident when working with disabled people in a sport setting. Delegates learn about different types of disability, examine social attitudes and barriers towards disabled people, and the use of appropriate terminology and communication.

ELearning: Disability Awareness in Sport:

The Elearning: Disability Awareness in Sport course is an online course, designed to help coaches, teachers, volunteers or others working with disabled people, learn about different types of disability, examine social attitudes and barriers towards disabled people and the use of appropriate terminology. Delegates explore practical ways to make sports coaching inclusive through the Inclusion Spectrum and STEPS principals and identify how different types of communication can also impact on this.

Inclusive Coaching Workshop:

The Inclusive Coaching Workshop is designed as an introductory course for organisations that want to be able to support the delivery of inclusive activities for disabled people. Provides individuals with practical experience in how to adapt sports sessions for different impairment groups focusing on mainstream and adapted sports, communication and language explored through interactive tasks and an introduction to different types of activities. Organisations can choose sports and length of course.

Courses delivered in 2018-19:	No of courses delivered
Disability Awareness in Sport	2
Inclusive Coaching Workshop	6
Adapted Sports Course	6
ELearning: Disability Awareness in Sport	35
Total	49

Development plans for 2019-20 sees further development to Disability Sports Coach's Training Workshops. Both the Adapted Sports Course and Disability Awareness in Sport course content and resources will be reviewed, developed and modernised. In addition, delivery partnerships with Sense and London Sport are being developed to further improve audience reach and content delivered. There will also be more targeted advertising of all courses to organisations outside of London with the Adapted Sports Course available to the public, booked in new areas of England.

DISABILITY SPORTS COACH

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2019

Coaching Programmes

DSC deliver coaching programmes ranging from one-off events to all year round programmes for a wide number of organisations such as schools (including Special Educational Needs schools), Colleges, Local Authorities, Days Care Centres, Disabled People's Organisations, Charities and other agencies wishing to offer sport and physical activity for disabled people.

Coaching Workforce

The coaching programme was mainly delivered by DSC's two Community Coaches, working 25 hours and 15 hours per week respectively. This was supplemented by considerable support from a network of self-employed coaches, operating across London, who significantly helped increase the Charity's overall coaching capacity. A total of ten coaches (five men and five women) were deployed to deliver all coaching activity, of whom three were disabled.

Coaching Hours

From 1 April 2018 to 31 March 2019 a total of 892 hours of coaching were delivered. Whilst this represents a decrease on the previous year, it is still a higher figure than the reporting periods of 2015/16 and 2016/17. The diagram below shows the London Boroughs in which activity took place throughout the year.



Borough	Hours
Lambeth	219
Wandsworth	203
Hackney	119
Tower Hamlets	83
RB K&C	66
Brent	57
Southwark	53
Havering	28
Redbridge	19
Sutton	16
Bromley	10
Waltham Forest	8
Barnet	7
Outside London	4
Total	892

DISABILITY SPORTS COACH

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2019

Participation

Approximately 1,470 disabled people, of all ages, participated in these sessions with total throughput amounting to 6,640 visits.

Contract Retention

During the period, coaching contracts can be classified as follows:

Retained and continued into the next financial year – 59%

Successfully completed within the financial year – 41%

Ended prematurely – 0%

Cancelled Sessions

Of all the coaching sessions scheduled in this period (667), a total of 14 sessions were cancelled by DSC due to coach unavailability (generally due to sickness/illness/annual leave). This represents a total of 2% of all scheduled sessions.

Funding

Throughout the period, the most significant external grant funding to be secured, relating specifically to coaching programs, was as follows:

Organisation	£
London Sport (Satellite Club funding) £3,425	£3,425
Lambeth Council (London Youth Games Project)	£11,300
Royal Borough of Kensington & Chelsea (Activate funding)	£3,435
Hackney Council (Public Health)	£21,937
London Community Foundation £5,000	£5,000
Total	£41,662

Coaching programmes key achievements

The year witnessed some notable coaching achievements:

- The inaugural holiday programme for primary school aged disabled children was created and delivered in the London Borough of Southwark. This was new venture for the Charity with a focus on a much younger age group. In total, 18 youngsters attended the sessions and they benefited from playing a range of different activities as well as making new friends. The programme was made possible by the generous donation from the London Community Foundation (£5,000).
- The work of the Charity was identified by Hackney Council's Public Health team who awarded a grant of £21,937 to deliver a one-year programme of targeted coaching in the London Borough of Hackney. This brought the Charity into contact with new partners, especially The Royal Society for Blind Children (RSBC) and Stormont House School.
- The Charity was commissioned by the London Borough of Lambeth to support their Sports Development team in entering a number of Para Sports competitions at the 2018/19 London Youth Games. This involved negotiations with local Schools, setting up practice sessions for the chosen squads and attending the competitions to offer first-hand support. It is hoped that this arrangement will be continued in 2019/20 and may also be used as a template for similar arrangements in other London Boroughs.

DISABILITY SPORTS COACH

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2019

- London Youth Games invited DSC to help them develop two new Para events, namely Sitting Volleyball and New Age Kurling. The Charity's involvement included training young leaders to officiate at the events as well as having responsibility for overall management of the New Age Kurling competition at Redbridge Leisure Centre. It is anticipated that the close working relationship with London Youth Games will continue into the next financial year.
- The further strengthening of the partnership with Tower Hamlets Local Education Authority which includes significant levels of delivery within their primary school Para Cluster network.

Safeguarding

During the period, five Safeguarding incidents were formally recorded, all of which involved DSC coaches being subjected to physical and verbal abuse.

The Charity was also requested to undertake an internal enquiry, initiated by Lambeth Council, as a result of safeguarding allegations made against DSC staff by an occasional member of Club Lambeth. The investigation was satisfactorily conducted and no further action was deemed necessary.

Coaching Programmes Future Priorities

The following areas have been identified as the main priorities for Coaching in the next financial year:

- Consolidation of existing partnerships, notably London Youth Games, Lambeth Council and Tower Hamlets Primary Schools.
- Identification of new geographic areas for coaching contracts whilst consolidating areas where delivery already takes place.
- Expansion of the holiday programme model of provision for primary school aged disabled children.
- Review of the impact of the Community Coach model and identify new freelance coaches to help build capacity.

Funding

We are hugely grateful to the following Trusts and Foundations for their support throughout the year, including:

Organisation	£
City Bridge Trust	£46,100
Peter Harrison Foundation	£16,128
Goldsmiths Company	£5,000
Wembley Stadium National Trust	£10,000
John Lyon's Charity	£22,000
Wates Foundation Trusts	£9,699
February Foundation	£2,000
Wakefield and Tetley Trust	£5,000
Tesco Bags of Help	£4,000
Woodward Trust	£500
Santander Foundation	£3,500
Greggs Foundation	£1,957
Garfield Weston	£10,000
Total	£135,884

DISABILITY SPORTS COACH

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2019

We also extend our thanks to our corporate partners at LMAX, who sponsored our Summer Festival, and Pcubed, who held staff fundraising activities throughout the year. Both partners are highly engaged, and we hope to build on our partnerships.

Financial Review

It has been another positive year for the charity's growth in being able to make steady financial growth in all services that the charity offers for disabled people. With the completion of Sport England funding we have seen a growth in our Trust funding applications over 2018/19 with a success rate of 25% against a national average of 14/15%. This has been due to the employment of a part time fundraising manager that we recruited in 2017/18, which has shown some positive steps towards the sustainability of the charity's financial resources. In February 2018, this became a full-time role, extending our fundraising resource to support the growth of the charity. Looking into 2019/20, it is good to note that we are able to sustain the current provision for disabled people in the areas that we serve, whilst also looking to expand into new areas to support more organisations and disabled people to allow them to access physical activity provision they need to maintain a healthy lifestyle.

Reserves and on-going concerns

Reserves are needed to bridge the gap between expenditure and income. The Trustees consider the ideal reserve level (as at 31st March 2019) to be 3 months of operating costs. The charity currently has reserves of £35,148, which represents an increase of 42% from 2017/18. The trustees are aware that this is currently under the 3 months and will be working to increasing this over 2018/19, by:

- Increasing sales within the charity of coaching and training services
- Increasing donations from both corporates and members of the public
- Gaining further support from Charitable Trusts
- Expanding our offer to other geographical areas

The trustees have assessed the major risks to which the charity is exposed, and are satisfied that systems are in place to mitigate exposure to these risks.

Future Priorities

As we move into the new year, the following areas have been addressed as our main priorities:

- Review our current coaching offer to make sure that we are supporting organisation and making sure their services are inclusive to disabled people.
- Through research and insight build on the charity's delivery arms in new boroughs and cities
- Continually review the membership of the board of trustees, to make that we are in line with the charity commission guidance.
- Gain further financial support from various corporates, trusts and foundations
- Identify new opportunities for training courses throughout the UK.

DISABILITY SPORTS COACH

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2019

Structure, governance and management

The charity is a company that is limited by guarantee and does not have share capital. The liability of members is limited. Every member of the company undertakes to contribute to the assets of the company if it is wound up whilst they are members, or within one year of ceasing to be a member, such amounts are limited to £1.00.

The Trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

Name (role)	Notes
C Mounsey-Thear, Chair	
J Allen (Governance)	
C Randall – (Treasurer)	
J Mcilwraith (Business Development)	
K Grey (Disability Sport)	
Mark Ackred	Resigned July 2018

Disability Sports Coach had only one resignation in 2018/19 and 3 new trustees were appointed in Q4.

Governance update statement

As we evolve as a charity it is vital that we look at the governance side of the charity to make sure that we abide to the relevant laws and comply with the regulations of our funding partners.

Over 2018/19, we have appointed a new director with the responsibility for making sure that charity abides by those laws set. During 2019/20, we will be looking further into this and making changes to make sure that we fully support the governance code.

The company's current policy concerning the payment of trade creditors is to follow the CBI's Prompt Payers Code (copies are available from the CBI, Centre Point, 103 New Oxford Street, London WC1A 1DU).

The company's current policy concerning the payment of trade creditors is to:

- settle the terms of payment with suppliers when agreeing the terms of each transaction;
- ensure that suppliers are made aware of the terms of payment by inclusion of the relevant terms in contracts; and
- pay in accordance with the company's contractual and other legal obligations.

Trade creditors of the company at the year end were equivalent to 25 day's purchases, based on the average daily amount invoiced by suppliers during the year.

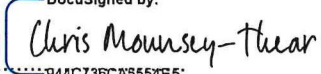
DISABILITY SPORTS COACH

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2019

All the directors of the company are also trustees of the charity. The day-to-day management is carried out by the Chief Executive (P Ackred). The trustees provide regular support for the Chief Executive.

The Trustees' report was approved by the Board of Trustees.

DocuSigned by:

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C M Mounsey-Thear, Chair

20 December 2019
Dated:

DISABILITY SPORTS COACH
INDEPENDENT EXAMINER'S REPORT
TO THE TRUSTEES OF DISABILITY SPORTS COACH

I report on the accounts of the charity for the year ended 31 March 2019, which are set out on pages 7 to 16.

Respective responsibilities of Trustees and examiner

The charity's Trustees, who are also the directors of Disability Sports Coach for the purposes of company law, are responsible for the preparation of the financial statements. The Trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed. The charity's gross income exceeded £250,000 and I am qualified to undertake the examination being a qualified member of ACA FCCA.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- (i) examine the financial statements under section 145 of the 2011 Act;
- (ii) to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- (iii) to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the financial statements presented with those records. It also includes consideration of any unusual items or disclosures in the financial statements, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the financial statements present a 'true and fair view' and the report is limited to those matters set out in the next statement.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- (a) which gives me reasonable cause to believe that in any material respect the requirements:
 - (i) to keep accounting records in accordance with section 386 of the Companies Act 2006; and
 - (ii) to prepare financial statements which accord with the accounting records, comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities;have not been met or
- (b) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the financial statements to be reached.

M J Bushell Ltd

Ian Warwick ACA FCCA
M J Bushell Ltd
8 High Street
Brentwood
Essex
CM14 4AB

Dated: 23.12.2019

DISABILITY SPORTS COACH

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2019

	Notes	Unrestricted funds 2019 £	Restricted funds 2019 £	Total 2019 £	Total 2018 £
Income from:					
Grants receivable for core activities	3	46,494	190,775	237,269	172,699
Charitable activities	4	65,777	-	65,777	59,675
Other trading activities	5	-	-	-	2,401
Total income		<u>112,271</u>	<u>190,775</u>	<u>303,046</u>	<u>234,775</u>
Expenditure on:					
Raising funds	6	<u>16,756</u>	<u>28,473</u>	<u>45,229</u>	<u>54,813</u>
Charitable activities	7	<u>33,733</u>	<u>213,665</u>	<u>247,398</u>	<u>168,978</u>
Total resources expended		<u>50,489</u>	<u>242,138</u>	<u>292,627</u>	<u>223,791</u>
Net incoming/(outgoing) resources before transfers		61,782	(51,363)	10,419	10,984
Gross transfers between funds		<u>(51,363)</u>	<u>51,363</u>	-	-
Net income for the year/ Net movement in funds		10,419	-	10,419	10,984
Fund balances at 1 April 2018		<u>24,729</u>	-	<u>24,729</u>	<u>13,745</u>
Fund balances at 31 March 2019		<u>35,148</u>	-	<u>35,148</u>	<u>24,729</u>

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

DISABILITY SPORTS COACH**BALANCE SHEET****AS AT 31 MARCH 2019**

	Notes	2019		2018	
		£	£	£	£
Fixed assets					
Tangible assets	10		4,194		1,839
Current assets					
Debtors	12	27,257		30,650	
Cash at bank and in hand		68,090		74,976	
		<u>95,347</u>		<u>105,626</u>	
Creditors: amounts falling due within one year	13	<u>(64,393)</u>		<u>(82,736)</u>	
Net current assets			30,954		22,890
Total assets less current liabilities			<u>35,148</u>		<u>24,729</u>
Income funds					
Unrestricted funds			35,148		24,729
			<u>35,148</u>		<u>24,729</u>

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2019.

The Trustees acknowledge their responsibilities for ensuring that the charity keeps accounting records which comply with section 386 of the Act and for preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its incoming resources and application of resources, including its income and expenditure, for the financial year in accordance with the requirements of sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

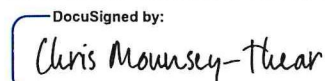
The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

20 December 2019

The financial statements were approved by the Trustees on

DocuSigned by:



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C M Mounsey-Thear, Chair

Trustee

Company Registration No. 08045641

DISABILITY SPORTS COACH

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2019

1 Accounting policies

Charity information

Disability Sports Coach is a private company limited by guarantee incorporated in England and Wales. The registered office is 8 High Street, Brentwood, Essex, CM14 4AB.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's [governing document], the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (as amended for accounting periods commencing from 1 January 2016). The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities applying FRS 102 Update Bulletin 1 not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention, modified to include the revaluation of freehold properties and to include investment properties and certain financial instruments at fair value. The principal accounting policies adopted are set out below.

The reporting period has changed from 30 April to 31 March, so the current period is only 11 months long. This is to align the year end with the funders and grant providers. Therefore the comparative information is not entirely comparable.

1.2 Going concern

At the time of approving the financial statements, the Trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the Trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the Trustees in furtherance of their charitable objectives unless the funds have been designated for other purposes.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

1.4 Incoming resources

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

DISABILITY SPORTS COACH

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2019

1 Accounting policies

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

Assets for distribution are recognised only when distributed. Assets given for use by the charity are recognised when receivable. Stocks of undistributed donated goods are not valued for balance sheet purposes.

1.5 Resources expended

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably. Expenditure excludes attributable VAT where it is recovered. Where VAT is irrecoverable, it is included within support costs.

Expenditure is allocated to particular activities where the cost relates directly to that activity. Support costs comprise costs relating to the overall direction and administration on each activity, including salary, and overhead and governance costs of the central function. Support costs are apportioned to activities on the basis of usage.

1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Fixtures and fittings	5 years straight line basis
IT equipment	3 years straight line basis
Sports equipment	3 years straight line basis

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in net income/(expenditure) for the year.

1.7 Impairment of fixed assets

At each reporting end date, the charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

Intangible assets with indefinite useful lives and intangible assets not yet available for use are tested for impairment annually, and whenever there is an indication that the asset may be impaired.

1.8 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

DISABILITY SPORTS COACH

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2019

1 Accounting policies

1.9 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

1.10 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the Trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

DISABILITY SPORTS COACH

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2019

3 Grants receivable for core activities

	Unrestricted funds	Restricted funds	Total	Total
	2019 £	2019 £	2019 £	2018 £
Donations and gifts	46,494	-	46,494	27,897
Grants receivable	-	190,775	190,775	144,802
	<u>46,494</u>	<u>190,775</u>	<u>237,269</u>	<u>172,699</u>
For the year ended 31 March 2018	<u>27,897</u>	<u>144,802</u>		<u>172,699</u>
Grants receivable for core activities				
Sport England	-	-	-	142,576
Jack Petchy	-	-	-	2,226
Other (Please see page 6)	-	190,775	190,775	-
	<u>-</u>	<u>190,775</u>	<u>190,775</u>	<u>144,802</u>

4 Charitable activities

	Charitable Income 2019 £	Charitable Income 2018 £
Sales within charitable activities	<u>65,777</u>	<u>59,675</u>

5 Other trading activities

	Unrestricted funds	Total
	2019 £	2018 £
Online Training Courses & Community Clubs	<u>-</u>	<u>2,401</u>

DISABILITY SPORTS COACH

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2019

6 Raising funds

	Unrestricted funds	Restricted funds	Total	Total
	2019	2019	2019	2018
	£	£	£	£
<u>Fundraising and publicity</u>				
Staff costs	-	-	-	3,473
<u>Trading costs</u>				
Property expenses	8,294	14,093	22,387	17,196
Office admin costs	3,335	5,666	9,001	17,881
Professional charges	3,679	6,252	9,931	12,720
Travel costs	1,128	1,917	3,045	3,195
Depreciation and impairment	320	545	865	348
Trading costs	16,756	28,473	45,229	51,340
	<u>16,756</u>	<u>28,473</u>	<u>45,229</u>	<u>54,813</u>
For the year ended 31 March 2018				
Fundraising and publicity	-	3,473		3,473
Trading costs	15,772	35,568		51,340
	<u>15,772</u>	<u>39,041</u>		<u>54,813</u>

DISABILITY SPORTS COACH

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2019

7 Charitable activities

	Charitable Expenditure 2019 £	Charitable Expenditure 2018 £
Staff and volunteer costs	247,298	159,072
Programme materials and marketing	100	585
Activities, events and operational costs	-	9,321
	<u>247,398</u>	<u>168,978</u>
	<u>247,398</u>	<u>168,978</u>
Analysis by fund		
Unrestricted funds	33,733	28,369
Restricted funds	213,665	140,609
	<u>247,398</u>	<u>168,978</u>
For the year ended 31 March 2018		
Unrestricted funds	28,369	
Restricted funds	140,609	
	<u>168,978</u>	

8 Trustees

None of the Trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

DISABILITY SPORTS COACH

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2019

9 Employees

Number of employees

The average monthly number of employees during the year was:

	2019 Number	2018 Number
	8	6

Employment costs

	2019 £	2018 £
Wages and salaries	197,844	135,460
Social security costs	18,045	11,645

10 Tangible fixed assets

	Fixtures and fittings £	IT equipment £	Sports equipment £	Total £
Cost				
At 1 April 2018	481	5,544	135	6,160
Additions	-	3,220	-	3,220
At 31 March 2019	481	8,764	135	9,380
Depreciation and impairment				
At 1 April 2018	304	3,882	135	4,321
Depreciation charged in the year	177	688	-	865
At 31 March 2019	481	4,570	135	5,186
Carrying amount				
At 31 March 2019	-	4,194	-	4,194
At 31 March 2018	177	1,662	-	1,839

11 Financial instruments

	2019 £	2018 £
Carrying amount of financial assets		
Debt instruments measured at amortised cost	18,550	29,940
Carrying amount of financial liabilities		
Measured at amortised cost	59,112	78,487

DISABILITY SPORTS COACH**NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)****FOR THE YEAR ENDED 31 MARCH 2019****12 Debtors**

	2019	2018
	£	£
Amounts falling due within one year:		
Trade debtors	15,607	26,779
Other debtors	2,943	3,161
Prepayments and accrued income	8,707	710
	<u>27,257</u>	<u>30,650</u>

13 Creditors: amounts falling due within one year

	2019	2018
	£	£
Other taxation and social security	5,281	4,249
Trade creditors	21,186	7,875
Other creditors	571	2,032
Accruals and deferred income	37,355	68,580
	<u>64,393</u>	<u>82,736</u>

14 Retirement benefit schemes

The charity operates a defined contribution pension scheme for all qualifying employees. The assets of the scheme are held separately from those of the charity in an independently administered fund.

15 Related party transactions**Transactions with related parties**

No employees of the charity received more than £60,000 in remuneration throughout the current and previous year.