



Post Overview

Disability Sports Coach (DSC) is a charity that provides a professional coaching service for disabled people throughout London and the UK. We offer participant focused coaching at mainstream schools, special schools, clubs, other charities & organisations. We deliver sports to all disability groups regardless of ability.

Job Description

Job title:	<i>Kensington & Chelsea Community Club Head Coach</i>
Location:	<i>Kensington Leisure Centre, London W10 6EX</i>
Hours (per week):	<i>Flexible</i>
Salary:	<i>£20-30 per hour - Dependent on qualifications/experience</i>
Time:	<i>Saturdays term time, 1pm – 3pm</i>
Responsible to:	<i>Project Officers</i>
Responsible for:	<i>Volunteers</i>
Contract:	<i>Self Employed</i>

Job Purpose

To coach and deliver high quality physical activity and sporting programmes aimed at improving the health and wellbeing of disabled people within a DSC Community Club environment. In this role you will be working with the support of the Kensington and Chelsea physical activity team to increase sport access for disabled participants.

Main Duties and Responsibilities

- To deliver coaching sessions that are participant-centred, structured, progressive, fun and of high quality to people of all ages.
- To adapt sessions to cater for different ranges of age and ability.
- To undertake the necessary planning for each activity session to ensure the programme demonstrates progression, where appropriate.
- To continually monitor and evaluate all sessions, activities and programmes.



- To undertake administrative tasks associated with the post, including planning sessions, taking registers including collection of fees if required and registration forms.
- To provide, where appropriate, mentoring, further support, guidance and advice to other coaches, teachers, sports leaders and volunteers.
- To be a positive role model at all times.
- To ensure all equipment associated with the coaching programme is correctly set up, maintained, stored and returned on completion of the coaching programme.
- To build relationships with key stakeholders including members, parents, carers and facility providers and liaise with them to ensure they remain happy with the service provided.
- To take responsibility for continuing personal development (CPD) and attend relevant training courses to improve coaching delivery.
- To be familiar and comply with health and safety regulations and to undertake activity/venue risk assessments prior to all sessions, and record and report incidents/accidents/hazards.
- To respect the rights of all participants and ensure that their well-being and safety are considered at all times.
- To maintain appropriate boundaries when dealing with participants, volunteers and other members of the coaching workforce.
- To ensure all DSC policies and procedures are followed by all within the session including DSC Safeguarding protocols.
- To ensure any communication from DSC's core team is responded to promptly and monthly invoices are submitted on time.

Additional Information

- This post involves working with children and at-risk adults. If successful, we will seek character and professional references and you will therefore be subject to an enhanced DBS check.
- This post may involve some evening and weekend work.

These are the key tasks as currently defined. It is expected that this job description will be regularly reviewed and may be amended from time to time, and by mutual agreement, to meet changing circumstances.



Person Specification

Essential:

- Excellent interpersonal skills to deliver high quality sport and activity sessions
- Excellent organisational & timekeeping skills
- Self-motivated with the ability to lead a session for children/ adults with disabilities
- Able to deliver and adapt to a variety and range of audiences/environments
- Ability to use own initiative but also work well as a team
- Interest in and commitment to the provision of sports and physical activity for people with disabilities
- Commitment to continuous personal development
- Experience of coaching sports/ activities to children or adults with disabilities
- Experience of working within a leisure centre/ club/community environment
- Hold a CIMPSA accredited coaching qualification
- Hold a First Aid certificate issued within the past 3 years
- Hold a Safeguarding Adults/Child Protection certificate issued within the past 3 years
- An understanding of how to adapt sports to make them more accessible
- Ability to evaluate sessions and provide quality feedback
- Awareness of how Health and Safety impacts on the delivery of coaching sessions

Desirable:

- Experience of coaching non-sport specific skills through using various multi skills techniques
- Experience in coaching adapted and Paralympic sports (Boccia, New Age Kurling, Polybat, Table Cricket, Goalball)
- Attended a certified Disability Sports course
- Hold a full, clean driving licence